Anima Christi

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within your wounds hide me.  
Permit me not to be separated from you.  
From the wicked foe, defend me.  
At the hour of my death, call me  
and bid me come to you  
That with your saints I may praise you  
For ever and ever. Amen.

(The Anima Christi is a prayer from around the 14th century. It is still widely used after receiving the body and blood of Our Lord, Jesus Christ in Holy Communion.)

Queen of Peace Adoration Chapel Updates

June 6, 2018

1. Perpetual Exposition and Adoration will change beginning June 15th
   1. Exposition and Adoration will be ***limited to the hours of 5am to 10pm each day***
   2. Exposition may be more limited – see item 2 below
2. Exposing and Reposing the Blessed Sacrament
   1. We will train our early morning adorers how to move the Blessed Sacrament from the tabernacle and place in the monstrance
   2. All adorers will be trained on how to repose the Blessed Sacrament
   3. Exposition requires that there be adorers present
      1. There should be two adorers present, but we will not repose the Blessed Sacrament if one person is present
      2. If an adorer is leaving and there is no one present to continue adoration – the Exposed Blessed Sacrament MUST be removed from the Monstrance and placed securely in the tabernacle.
      3. PLEASE NOTE: Once the Blessed Sacrament has been reposed during the day, it will REMAIN in the tabernacle for the rest of the day. ADORATION continues; Adorers will adore before the tabernacle instead of the exposed Blessed Sacrament. Continually reposing and exposing the Blessed Sacrament is not an acceptable means of adoration.
3. Facility Safety / Bathroom Access
   1. The inner set of doors (East Entrance of the Church) will now be locked (except during mass times or other events at the parish), which will prevent access to the bathrooms .
   2. We will temporarily have a card available in the chapel to allow adorers access to the bathroom. If ongoing bathroom access is a concern for you, please contact the parish office.
      1. Please make sure that you put the card back in its assigned spot each time you use it so it’s available for other adorers.
   3. The outer doors of the East Entrance will be locked from 10pm to 5am, so there will be NO access to the Adoration Chapel.
4. Volunteer Scheduler Pro (VSP)
   1. Each volunteer who has provided their information will receive an introductory email. It will have their user id and password, as well as the link to access VSP. **PLEASE KEEP THIS INFORMATION FOR FUTURE REFERENCE!!!**
   2. Users can manage their contact information, shift reminders, as well as request substitutes within VSP – this should greatly help us keep shifts covered.
   3. Most people find the software easy to use – or watch the short tutorial video and are ready to go. If anyone is not comfortable with the software, please contact Sherri Hunt ([shunt@saintpiuschurch.org](mailto:shunt@saintpiuschurch.org) or 276-2059, x133) and she will arrange a short training time with you
   4. We apologize if this is an inconvenience, but this will increase your email traffic a bit (if you have email) – please pay attention to the emails to see if you can help with substitute requests
   5. The software will be setup to automatically send you a reminder for your shift – if you are a long-time adorer and don’t want reminders, you can login to VSP and change the settings so no reminder is sent. You can also set how early the reminder is sent (1 day, 2 days or more).
   6. This software also has the ability to send texts. We will be working to see how we can make this technology work for us!
5. Next Steps
   1. Our goal is to eventually get back to Perpetual Adoration!
   2. Our first step will be to fill the shifts that we have (at least 2 people per shift)
      1. We will be making more pleas during our weekend liturgies
      2. We will look at bringing in a guest speaker, like we did when we first started the Adoration Chapel
   3. We will be able to have a spot on our web site where people can sign up to be Adorers, through VSP. This will provide another means of communication to work with new adorers.
   4. We will continue to identify and execute other ways of bringing Eucharistic Adoration, and specifically taking a shift in our chapel, to the faithful around us. Suggestions are welcome.